

Social Autopsy Worksheet - School

What happened?

I yelled at the teacher because she asked me to correct grammar mistakes in the paragraph I turned in for homework.

What was the social error? Who was hurt by the social error?

Yelling at the teacher.

What should be done to correct the error?

Apologize. Explain to my teacher that I worked very hard on my homework. I am not good at grammar and it frustrates me when I don't do well.

What should be done next time?

I can take 3 deep breaths when the teacher first asks me to redo an assignment. I can ask if I can get help from someone to correct the mistakes.